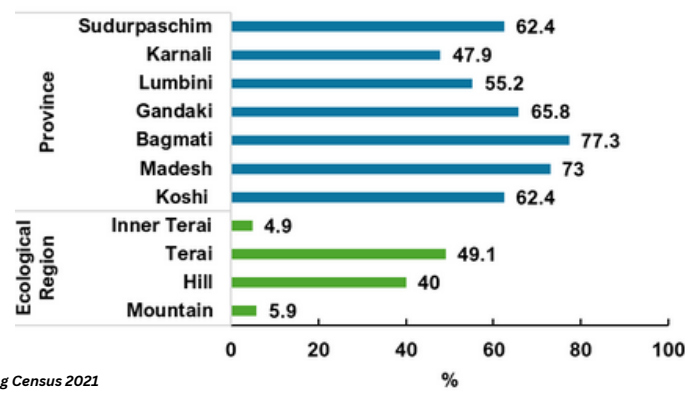
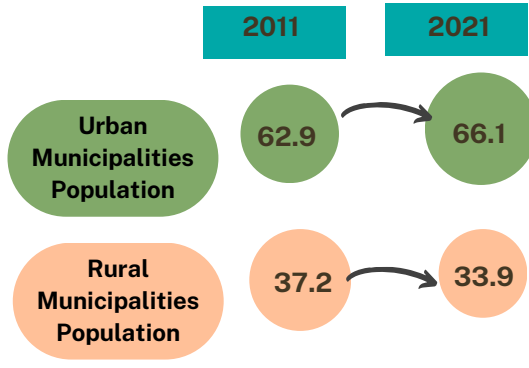


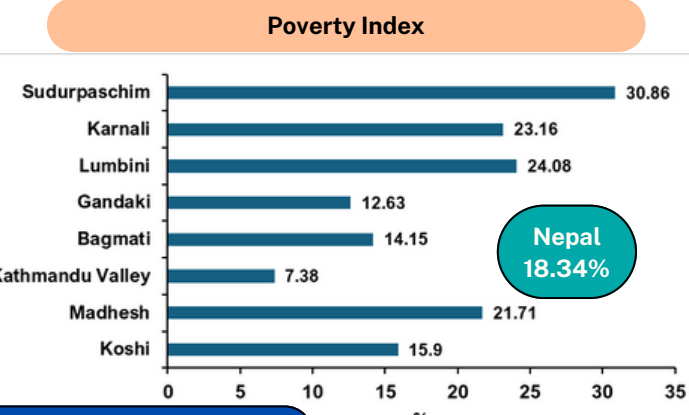
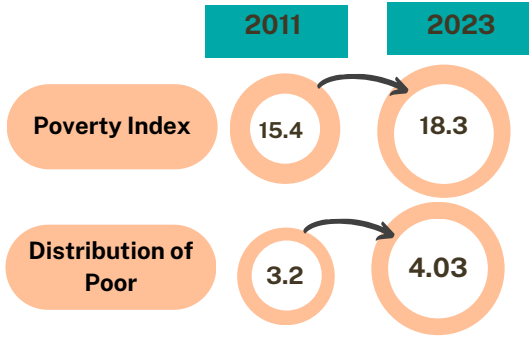
## A Glimpse of Urbanization in Nepal

- Nepal is one of the fastest urbanizing countries in Asia.
- 70 percent of Nepalis migrate to the urban areas.
- Two thirds of the Nepalese population (67.2%) lives in urban area.



Source: Degree of Urbanization in Nepal | National Population and Housing Census 2021

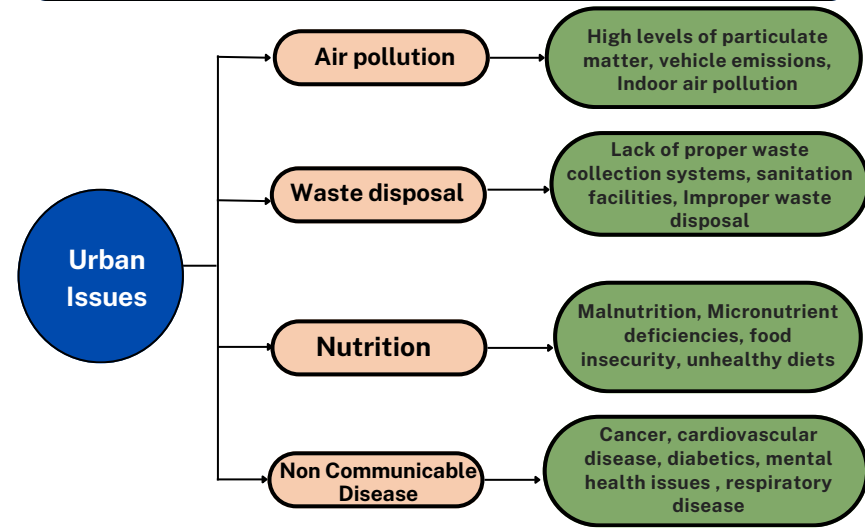
## Urban Poverty



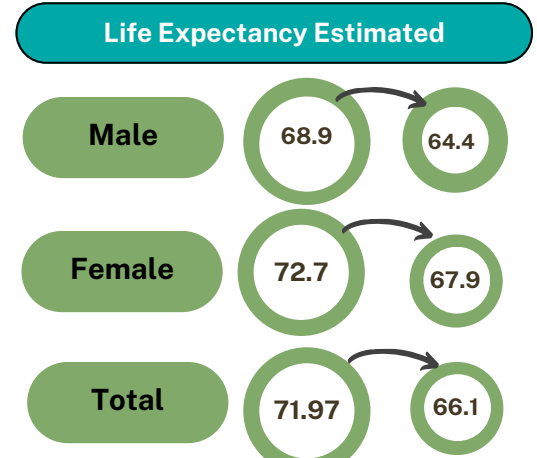
Province	Poverty Index
Koshi	3.39
Madesh	4.3
Kathmandu Valley	1.17
Bagmati	2.9
Gandaki	2.61
Lumbini	6.31
Karnali	4.99
Sudurpashchim	7.67
Nepal	4.03

Source: Fourth Living standards Survey 2022-2023

## Urban Issues and Challenges

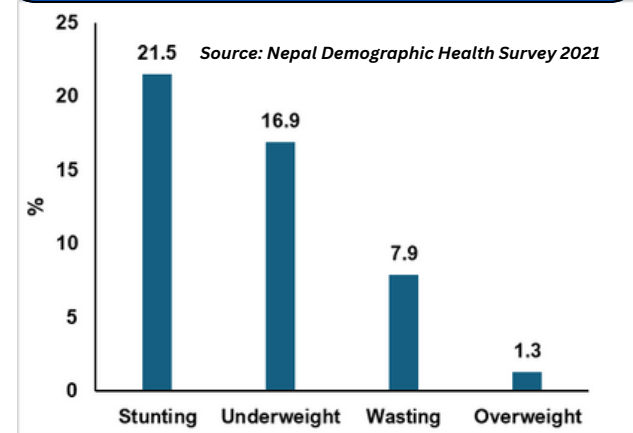


## Urbanization and Life Expectancy



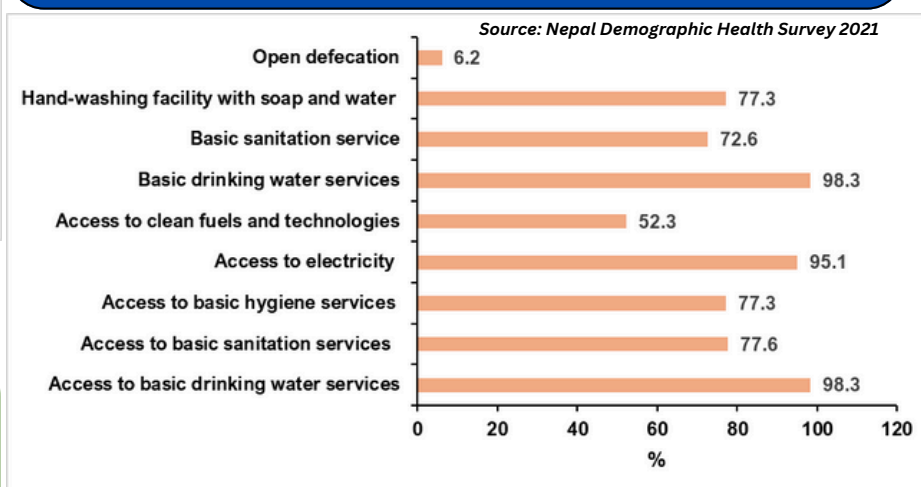
Source: Ahmad, N., Raid, M., Alzyadat, J. et al. Impact of urbanization and income inequality on life expectancy of male and female in South Asian countries: a moderating role of health expenditures.

## Nutritional Status among Children



Source: Nepal Demographic Health Survey 2021

## Urban Housing Characteristics

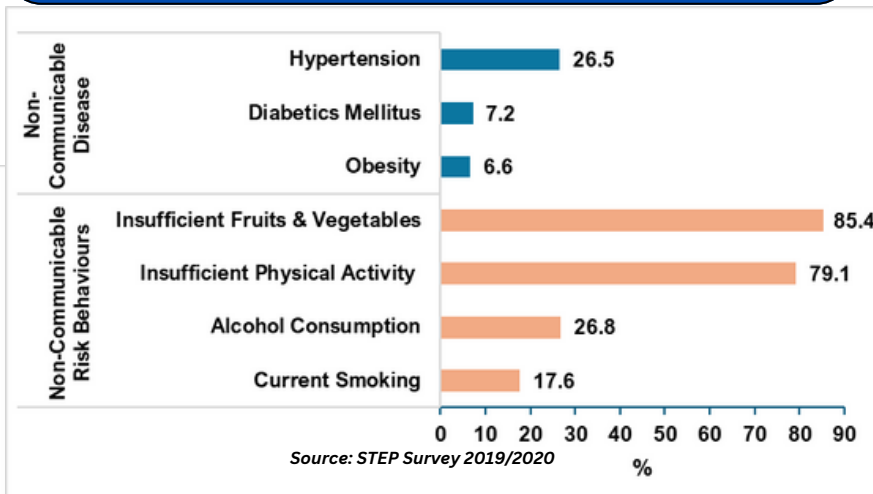


Source: Nepal Demographic Health Survey 2021

## Urban Health and SDG

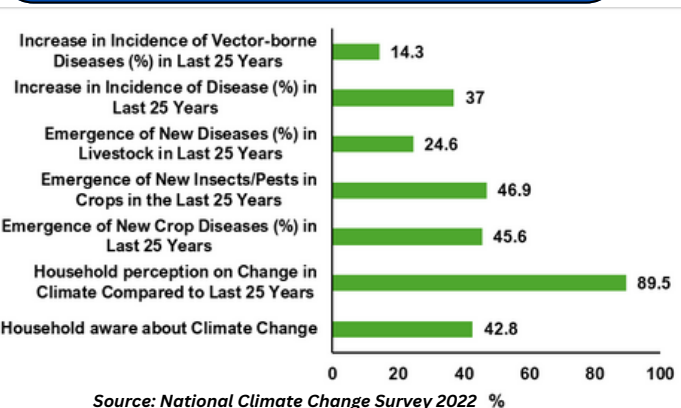
- Reduce air pollution (SDGs 3.9 and 11.6).
- Combat Non Communicable Diseases (NCDs) and risks like obesity (SDG 3.4).
- Access to public transport with special attention to vulnerable groups (SDG 11.2).
- Sanitation and waste management (SDGs 3.9 and 11.6).
- Equity (SDG 10).
- Access to safe public and green spaces (SDG 11.7).
- Climate action – climate resilience (SDG 13).

## Urban Health Risk Behaviors



Source: STEP Survey 2019/2020

## Perception on Climate Change



Source: National Climate Change Survey 2022 %

## Key Messages

- Urbanization is increasing rapidly, with challenges of air pollution, waste management, nutrition and NCDs.
- There are significant disparities in the poverty across provinces.
- Study suggests that the urbanization affects the life expectancy in Nepal.
- Urban health strategies need to be aligned with SDGs to address NCDs and improve urban environments.
- There is a need for increased public awareness and understanding of climate change impacts.

